

SUNY Buffalo State Student Health Plan:

National Union Fire Insurance Company of Pittsburgh, Pa. Coverage Period: 08/13/2016 – 08/12/2017

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual + Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <https://consolidatedhealthplan.com/group/82/home> or by calling 1-800-633-7867.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. Participating Provider: \$3,500 Individual/\$7,000 Family / Non-Participating Provider: \$7,000 Individual/\$14,000 Family.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, penalties for failure to obtain preauthorization, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. For a list of Participating Providers, go to https://consolidatedhealthplan.com/group/82/home or call 1-800-633-7867	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care <u>provider's office or clinic</u>	Primary care visit to treat an injury or illness	\$10 copay/visit 0% coinsurance	10% coinsurance	-None-
	Specialist visit	\$10 copay/visit 0% coinsurance	10% coinsurance	-None-
	Other practitioner office visit	Chiropractic: 20% coinsurance	Chiropractic: 30% coinsurance	-None-
	Preventive care/screening/ immunization	No charge	30% coinsurance	-None-
If you have a test	Diagnostic test (x-ray, blood work)	Freestanding facility/Office Setting: \$10 copay/visit & 0% coinsurance Outpatient Hospital Services: 20% coinsurance	Freestanding facility/Office Setting: 10% coinsurance Outpatient Hospital Services: 30% coinsurance	-None-

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	Imaging (CT/PET scans, MRIs)	Freestanding facility/Office Setting: \$10 copay/visit & 0% coinsurance Outpatient Hospital Services: 20% coinsurance	Freestanding facility/Office Setting: 10% coinsurance Outpatient Hospital Services: 30% coinsurance	-None-
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.cigna.com/	Generic drugs	\$10 copay/prescription 0% coinsurance	30% coinsurance	Limited to 30 day supply/prescription
	Preferred brand drugs	\$25 copay/prescription 0% coinsurance	30% coinsurance	Limited to 30 day supply/prescription
	Non-preferred brand drugs	\$25 copay/prescription 0% coinsurance	30% coinsurance	Limited to 30 day supply/prescription
	Specialty drugs	\$25 copay/prescription 0% coinsurance	30% coinsurance	Limited to 30 day supply/prescription
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	30% coinsurance	-None-
	Physician/surgeon fees	20% coinsurance	30% coinsurance	-None-
If you need immediate medical attention	Emergency room services	\$75 copay/visit 20% coinsurance	\$75 copay/visit 20% coinsurance	Copay waived if hospital admission
	Emergency medical transportation	0% coinsurance	0% coinsurance	-None-

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	Urgent care	20% coinsurance	30% coinsurance	-None-
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	30% coinsurance	For other than an emergency admission, preauthorization required. If preauthorization is not obtained, the plan will pay \$500 less than it would have paid, or only 50% of the amount that would have been paid, whichever results in a greater benefit
	Physician/surgeon fee	20% coinsurance	30% coinsurance	-None-
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	20% coinsurance	30% coinsurance	-None-
	Mental/Behavioral health inpatient services	20% coinsurance	30% coinsurance	For other than an emergency admission, preauthorization required. If preauthorization is not obtained, the plan will pay \$500 less than it would have paid, or only 50% of the amount that would have been paid, whichever results in a greater benefit
	Substance use disorder outpatient services	20% coinsurance	0% coinsurance	Up to 20 visits/plan year may be used for family counseling
	Substance use disorder inpatient services	20% coinsurance	30% coinsurance	For other than an emergency admission, preauthorization required. If preauthorization is not obtained, the plan will pay \$500 less than it would have paid, or only 50% of the amount that would have been paid, whichever results in a greater benefit
If you are pregnant	Prenatal and postnatal care	Prenatal: No charge / Postnatal: 20% coinsurance	30% coinsurance	-None-
	Delivery and all inpatient services	20% coinsurance	30% coinsurance	-None-

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If you need help recovering or have other special health needs	Home health care	20% coinsurance	30% coinsurance	Limited to 70 visits/plan year
	Rehabilitation services	\$10 copay/visit 20% coinsurance	\$10 copay/visit 30% coinsurance	Copay waived for inpatient rehab. Limited to 60 visits/condition/plan year outpatient & 60 days/condition/lifetime inpatient. Speech & physical therapy only covered following a hospital stay or surgery
	Habilitation services	\$10 copay/visit 20% coinsurance	\$10 copay/visit 30% coinsurance	Limited to 60 visits/condition/plan year
	Skilled nursing care	20% coinsurance	30% coinsurance	Limited to 200 days/plan year
	Durable medical equipment	20% coinsurance	30% coinsurance	-None-
	Hospice service	20% coinsurance	30% coinsurance	Limited to 210 days/plan year. Up to 5 visits/plan year for family bereavement counseling
If your child needs dental or eye care	Eye exam	20% coinsurance	20% coinsurance	Limited to 1 exam/plan year
	Glasses	20% coinsurance	20% coinsurance	Limited to 1 prescribed lenses & frames/plan year
	Dental check-up	30% coinsurance	30% coinsurance	Limited to 1 exam/6 month period

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)		
• Cosmetic surgery	• Dental care (Adult)	• Long-term care
• Private-duty nursing	• Routine eye care (Adult)	• Routine foot care
• Weight loss programs		

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Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- | | | |
|----------------|-------------------------|--|
| • Acupuncture | • Bariatric surgery | • Chiropractic care |
| • Hearing aids | • Infertility treatment | • Non-emergency care when traveling outside the U.S. |

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-633-7867. You may also contact your state insurance department at 800-342-3736.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Consolidated Health Plans, 2077 Roosevelt Avenue, Springfield, MA 01104. You may also contact the state independent Consumer Assistance Program at: Community Health Advocates, 633 Third Avenue, 10th Floor, New York, NY 10017; or call toll free: 1-888-614-5400.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

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Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-633-7867.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-633-7867.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-633-7867.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-633-7867.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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Coverage Examples **Coverage for: Individual + Family | Plan Type: PPO**

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$6,420**
- **Patient pays \$1,120**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0
Copays	\$20
Coinsurance	\$900
Limits or exclusions	\$200
Total	\$1,120

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$4,620**
- **Patient pays \$780**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$600
Coinsurance	\$100
Limits or exclusions	\$80
Total	\$780

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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